

AFFIRMATIONS FOR YOU, FOR ME, FOR US

QUEER AND TRANS BODIES ARE PERFECT

**I AM READY TO PRACTICE MORE
SELF-COMPASSION FOR MYSELF**

**MY COMPASSION FOR MYSELF
FUELS MY PASSION**

I AM WORTHY OF BEING CELEBRATED

**I AM PATIENT WITH
MY PERSONAL GROWTH JOURNEY**

**TRANS PEOPLE ARE BEAUTIFUL AND
BRILLIANT**

LOVE IS MY BIRTHRIGHT

QUEERNESS IS DIVINE